



## Person Specification

# Support Worker



### Skills needed

- Basic numeracy and literacy skills
- Good communication skills clear short sentences
- Able to recognise triggers and use visual / verbal prompts
- Common sense
- Thinks outside the box, creative



### Support needed and wanted

- Encouraging healthy food choices
- Observant in declines / health
- Encouraging more activities
- Active (person)
- Enjoys cooking.
- Will complete sensory needs; massaging and foot care.
- Personal grooming



### Personality characteristics needed

- Calm and relaxed
- Chatty sociable individual who likes to engage in conversation.
- Organised with good time management skills.
- Warm personality
- Sense of humour and witty



### Shared common interests

- Music
- Walking
- Birds
- Gardening
- Creativity
- Cleaning
- Animals
- Shopping / clothes
- True crime