



Person Specification

Support Worker



Skills needed

Good Listener

Clear Communications

Ability to identify triggers and follow accordingly.

High level of patience and emotional resilience.

Personality Difficulties

Autism Awareness

Complex emotional needs and personality difficulties'



Support needed and wanted

Going out

Maintaining and encouraging independence

Offering me choices

Involving me in decisions and activities

Helping me achieve my goals that I set for myself.

Pushing me out of my comfort blanket

Giving me reassurance

Offering me clear boundaries



Personality characteristics needed

Honesty

Open Minded

Kind

Calming

Cheerful

Approachable

Know's how to laugh.



Shared common interests

Enjoys going in town, shopping

Cooking Healthy Meals

Boxing

Very Sporty