



## Person Specification

# Support Worker



## Skills needed

- Autism Awareness
- Mental Health Awareness
- Good Listener
- Clear Communications
- Ability to identify triggers and follow accordingly.
- High level of patience and emotional resilience.



## Support needed and wanted

- Respecting Boundaries when wanting to spend time alone
- Involving me in decisions, activities, and conversations
- Prompting me to speak to my mother each night
- Understand my triggers and know how to use the correct method to reassure me



## Personality characteristics needed

- Approachable
- Adaptable
- Cheerful
- Kind



## Shared common interests

- Listening to music
- Singing along to songs
- Creativity
- Enjoying watching the News
- Going out to the Albert Dock